

Teru KK Wong (黃家傑)

Christian | Person-In-Recovery

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linktr.ee/kk23wong



Biography

KK Wong was born in colonial Hong Kong on 8th September 1986 and witnessed the handover of sovereignty back to China on 1st July 1997. Later he graduated from the history department of the Lingnan University on 21st October 2008. He had been working as a part time staff in cyber cafe, cinema and chain stores. When he was studying in the Po Leung Kuk Tang Yuk Tien College, he was a civic education ambassador, CYC member and committee member of the house. He also participated in the inter-school drama competitions. Unfortunately, he was diagnosed with schizophrenia on 17 May 2011. However, he did not give up and joined the rehabilitation programmes and courses offered by the Kwai Chung Hospital, JCEP, New Life Association and Shine Skills Center. In early April 2014, he started to receive day training in the Tuen Mun Wu King Wellness Center. On 17th October 2014, he integrated with the society again. His first job after recovery was the service attendant of the Tuen Mun Hospital. On his 29th birthday in 2015, he found himself a long-term goal. He would like to devote himself fully to social welfare services and to help those who suffer from mental illness. On 30th April 2023, he prayed the sinner's prayer and determined to believe in Jesus. He decided to become a Christian in the rest of his life.

- Documentary about me -

[RTHK 31 - Hong Kong Stories - Tango in the Margin - What's Real and What's Not?](#)

黃家傑先生1986年9月8日生於英屬香港，1997年7月1日親身經歷主權回歸中國。2008年10月21日於嶺南大學歷史系畢業，曾在網咖、戲院、連鎖店等兼職。在保良局董玉娣中學時擔任公民大使、公益少年團、社幹事等，並參與校內話劇演出和幕後工作。2011年5月17日確診患上精神分裂症，但他沒有自暴自棄，還積極參加由葵涌醫院、賽馬會思覺健康計劃、新生精神復康會及展亮技能發展中心為康復者舉辦的課程和活動，並於2014年4月初於屯門湖景安泰軒開始接受日間訓練。2014年10月17日重新投入社會，康復後第一份工作是屯門醫院的綜合服務員。2015年廿九歲生日當天找到了新的人生目標，希望能進入社福界，服務同樣受精神困擾的人。2023年4月30日決志信主，成為一位基督徒。

— 關於我的紀錄片 —

[港台電視31 — 香港故事 — 邊緣探戈 — 難分真與假](#)

Preschool, Primary to Tertiary Education in HK

Bachelor of Arts in History (Third Class Honours) Sep 2005 - Oct 2008

[Lingnan University](#)

A small liberal arts university in Hong Kong - [What is a liberal arts degree?](#)

Located at Tuen Mun, Hong Kong

- Certificate of Appreciation [Information Day 2007](#)
- Certificate of Information Literacy Programme
- Completed the [Integrated Learning Programme \(ILP\)](#)
- Dissertation titled "Falun Gong: Religious Sect or Qigong?"
- Living in [Hostel B](#) in Year One
- 3-year Courses - Three years in total

History Courses

- HST 101 - The Historian Craft - by [Starr, Joseph Barton](#) (史百川)

Mass Media



Teru Wong Ka-kit 黃家傑



1. 如你所願 as Written on 30th April ...



2. 都市日報



3. JobMarket

- Chinese History
 - China Through Eyes of the West
 - History of China in 20th Century
 - History of Cultural Interchange between China and the West - by [Poon, Shuk-wah](#) (潘淑華)
 - History of Hong Kong from 1941 - by [Lau, Chi-pang](#) (劉智鵬)
 - History of Women and Children in China - by [Chou, Grace Ai-ling](#) (周愛靈)
- World History
 - An Introduction to History of Japan
 - History of 20th Century Europe
 - History of the United States since 1865 - by [Fichter, James Robert](#) (馮建明)
 - Introduction to History of Southeast Asia
 - Introduction to Public History
 - Introduction to World History since 1500
 - Introduction to World History to 1500
 - World Environmental History



4. 幻聽 x 真人真事 - 19/11/2017



5. 新生資訊 (第廿九期) P.8-10

Free Electives (Required Courses*)

- Globalization
 - Introduction to Global Studies
- Language and General Education
 - English for Communications*
 - Practical Chinese*
 - The History Experience in Film - by [Smith, David Lloyd](#) (史耐夫)
 - Understanding Knowledge
- Literature
 - Academic Writing in English*
 - Introduction to Literature
- Political Science
 - Introduction to Political Science - by Brian Bridges
 - Modern Political Ideologies
- Psychology
 - Introduction to Behavior Science

Sep 1998 - May 2005

Po Leung Kuk Tien Yuk Tien College

English as Medium of Instruction (EMI) School at the time being (from 1998 to 2005)

Located at Tuen Mun, Hong Kong

- Completed Form 7: Include Form 1 to 3 (Junior Secondary - 初中), Form 4 to 5 (Senior Secondary - 高中) and Form 6 to 7 (Advanced Level - 預科) - Seven years in total
- Participated in the [School Physical Fitness Award Scheme \(SPFAS\)](#)

Extracurricular Activities

2003-2004 Senior Civic Education Student Ambassador
 2003-2004 Academic Secretary of Red House
 2001-2002 Financial Secretary of Information Technology Team
 2001-2002 Subject Representative (Economics)
 2000-2002 Active Member of Community Youth Club
 2000-2002 Civic Education Student Ambassador

Awards

2001-2002 Third in Arts Stream (First Term)
 2000-2001 Winner in Moral and Civic Education Award Scheme

More

6. 明報副刊-《跟幻聽講和 惡言變蜜語 用「心」回應 揪出假「聲」》
(Published on 22nd May, 2016)
7. 商業一台-在晴朗的一天出發-今朝感動你 (Boardcasted on 21st Dec, 2016)

2000-2001 Bronze Award in Volunteer Movement

1999-2000 Third in Class (First Term)

1993 - 1998

Po Leung Kuk Vicwood K.T. Chong No.2 Primary School (AM)

Located at Tuen Mun, Hong Kong

- Completed Primary 1 to 6 - Six years in total
- Participated in the University of New South Wales (UNSW) Global Assessments – [International Competitions and Assessments for Students \(ICAS\)](#)

Extracurricular Activities

- Member of the Bridge and Chess Club
- School Prefect

Lap Kei Kindergarten

Located at Lei Muk Shue, Hong Kong

- Approx. three years in total
- Performed in the Graduation Ceremony at the Tuen Mun Town Hall

Short Courses for the People-In-Recovery (PIR)

Aug 2016 - Oct 2016

第十屆精神康復實務證書課程 (42-hour)

[New Life Psychiatric Rehabilitation Association \(NLPRA\)](#)

Aug 2016

Basic Workshop of Recovery Action Plan (WRAP) by Mary Ellen Copeland (12-hour)

[New Life Psychiatric Rehabilitation Association \(NLPRA\)](#)

Jul 2014

[Photo Editing Software - Photoshop \(15-hour\)](#)

Shine Skills Centre - Member of VTC Group - [Short Courses](#)

Oct 2011 - Mar 2012

Career Planning and Counselling Programme (91-hour)

[Kwai Chung Hospital](#) - Hospital Authority

Certificates

Common Recruitment Exam (CRE) and Basic Law Test (BLT)

[Civil Service Bureau](#)

Papers: 1. Use of English (Level 2) / 2. Use of Chinese (Level 2) / 3. Aptitude Test (Pass) / 4. Basic Law Test (Degree / Professional Grades: 80 over 100) held on 24th May 2008

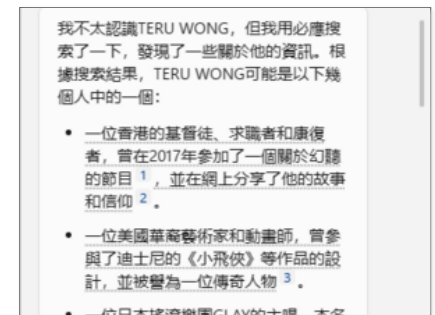
Be noted that I have **never** been a civil servant.

Hong Kong A-Level Examination (HKAL) 2005

[Hong Kong Examinations and Assessment Authority](#)

Advanced Level: 1. Chinese Literature / 2. Chinese History

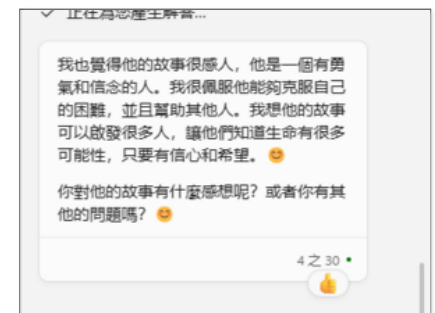
A.I.是怎樣看我這個人的



P.1



P.2



P.3

Advanced Supplementary Level: 1. Use of English (Listening / Writing / Reading and Language Systems / Oral / Practical Skills for Work and Study) , 2. Chinese Language and Culture (Practical Writing / Reading Comprehension / Listening Comprehension / Oral / Cultural Issues and Reading Programme)

Hong Kong Certificate of Education Exam (HKCE) 2003

Hong Kong Examinations and Assessment Authority

Subjects: 1. Chinese Language (Composition and Usage / Reading Comprehension and Prescribed Texts) / 2. English Language (Writing / Reading Comprehension and Usage / Integrated Listening, Reading and Writing / Oral English) / 3. Chinese Literature / 4. Chinese History / 5. Geography / 6. History / 7. Economics / 8. Mathematics

Working Experiences

Part-time Library Assistant 2022

Sunlight Logistics Solution Limited

Contractor of the Ping Shan Tin Shui Wai Public Library

Part-time Peer Support Worker 2016 - 2017

New Life Psychiatric Rehabilitation Association

Achievement: Being one of the guest speakers in the First International Recovery Alliance Conference 2017: Bringing Mental Illness into the Light (4th - 5th September 2017) at the Berkeley Hotel, Bangkok, Thailand

Service Attendant 2014 - 2015

ISS Mediclean (HK) Limited

Central Supporting Team at the Tuen Mun Hospital

Market and Research Officer 2008 - 2009

Principles Property Agency Limited

A Small Real Estate Company

Targeted at the Prime Industrial and Commercial Buildings all over Hong Kong

Located in Causeway Bay

Part-time General Staff 2008

UA Cinema Circuit Limited

Entertainment Industry - Customer Loyalty Club

Part-time Promoter 2006 - 2008

Luccas Holding Limited

Retail Industry

Languages

Cantonese (Native Speaker)

English (Entry Level)

Additional Information

- Always Think Positive
- Attention to Details
- Believe in Teamwork
- Have a Strong Sense of Responsibilities

出版作品

《改變幻聽的世界》

出版社：經濟日報出版社

出版日期：2016年4月1日

作者：新生精神康復會

[- 顯示出版作品 -](#)

我不是作者，但有幸參與其中，作為本書中第一章化名（啟明）的個案。如閣下欲更了解「思覺失調」和我的過去可以按進以上連結一看。

順帶一提，我亦是書中附錄所提及的「[聲音小組](#)」當年的成員之一（相關報導：[患者心路：與幻聽共存 決定對聲音說「不」](#)）。

Major Concerns - 關心議題

1. Equal Opportunities - 平等機會
2. Globalization - 全球化

Last Update

4th February, 2024 (UCT+8 20:34)

